

TLG Daily Schedule

Full Day Preschool 8am - 2:30pm

8-8:30 am	●	Breakfast
8:30-9 am	●	Circle Time
9-10 am	●	Centers
10-10:30 am	●	Potty Break & Snacks
10:30-11:15 am	●	Centers
11:15-11:30 am	●	Mindfulness activity
11:30-12 pm	●	Free Play
12-12:30 pm	●	Lunch
12:30-2 pm	●	Rest Period/Kinder Prep
2-2:30 pm	●	Snack & Pick Up



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Morning Preschool 8:30am - 12pm

8:30-9 am	●	Circle Time
9-10 am	●	Centers
10-10:30 am	●	Potty Break & Snacks
10:30-11:15 am	●	Centers
11:15-11:30 am	●	Mindfulness activity
11:30-12 pm	●	Free Play & Pick Up



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Afternoon Preschool 12:30pm - 4pm

12:30-1 pm	●	Circle Time
1-2 pm	●	Centers
2-2:30 pm	●	Potty Break & Snacks
2:30-3:15 pm	●	Centers
3:15-3:30 pm	●	Mindfulness activity
3:30-4 pm	●	Free Play & Pick Up



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Meal & Rest Times

7:30-8:30 am	●	Breakfast
10-10:30 am	●	Morning Snack
11:30-12 am	●	Drop In Lunch Time
12-12:30 pm	●	Preschool Lunch Time
12:30-2 pm	●	Rest Period
2-2:30 pm	●	Afternoon Snack
5-5:30 pm	●	Evening Snack

If child is in care during meal times, and parent has not provided a meal, one will be provided at the costs below. A menu will be available each week. If the child has a food allergy, please provide a substitution or discuss a substitute with the Director.

Breakfast \$1.50/meal

Lunch \$2/meal

Snacks-Free

